

REFECTORY OPENING TIMES: 8am – 2.30pm

Breakfast Menu Available from 8.00am

Bacon & Sausage Baps – Porridge - Cereal

Bagels – Muffins – Toast

Tea – Coffee – Hot Chocolate – Latte - Cappuccino

Served from 11.05am

Rolls – Sandwiches – Panini's

Bacon & Sausage Baguettes – Curries – Chicken

Pasta – Salad Bar

Hot & Cold Drinks – Teacakes - Bagels

Served from 1.40pm – 2.05pm

Hot Meal & Pudding

Chiller Cabinets open until 2.30pm

WEEK 1

MONDAY: Pork Meatballs in a Spicy
Tomato Sauce
Quorn Balls
Crusty Bread

DESSERT: Fresh Fruit & Yogurt

TUESDAY: Skewered Chicken & Herb Kebab
Skewered Quorn & Veg Kebab
Spicy Potato Wedge
Warmed Pitta & Tzatzki

DESSERT: Fresh Fruit & Yogurt

WEDNESDAY: Minced Beef & Onion Pie
Creamy Vegetable Lattice
Buttered Parsley Potatoes
Seasonal Vegetables

DESSERT: Fresh Fruit & Yogurt

THURSDAY: Roast Leg of Lamb with Mint
Sauce
Quorn Fillet
Roasted Potatoes
Seasonal Vegetables

DESSERT: Bramley Apple Pie

FRIDAY: Battered Cod
Fish Finger Rolls
Vegetable Burger
Chips
Beans or Curry Sauce

DESSERT: Waffles

DINNER: £2.70

DINNER & PUDDING: £3.20

WEEK 2

MONDAY: Spicy Beef Chilli Con Carne
Quorn Chilli Con Carne
Rice, Taco Shells & Pitta Bread
Mixed Diced Salad & Sour Cream

DESSERT: Fresh Fruit & Yogurt

TUESDAY: Chicken New Yorker
Quorn New Yorker
Puffed Potato Bites
Corn on the Cob & Garden Peas

DESSERT: Fresh Fruit & Yogurt

WEDNESDAY: Traditional Ploughman's Lunch
Cajun Roasted New Potatoes

DESSERT: Fresh Fruit & Yogurt

THURSDAY: Roast Top Side of Beef & Yorkshire
Pudding
Quorn Sausage
Roasted Potatoes
Seasonal Vegetables
Egg Custard Tart

DESSERT:

FRIDAY: Jumbo Sausage or Saveloy
Quorn Sausage
Chips
Beans or Curry Sauce

DESSERT: Waffles

DINNER: £2.70

DINNER & PUDDING: £3.20

WEEK 3

MONDAY: Traditional Spaghetti
Bolognese
Quorn Bolognese
Naan Bread

DESSERT: Fresh Fruit & Yogurt

TUESDAY: Fillet of Battered Cod
Vegetable Burger
Sweet Potato Fries
Beans or Peas

DESSERT: Fresh Fruit & Yogurt

WEDNESDAY: Chicken Rogan Josh
Tikka, Sweet Potato & Spinach
Curry
Rice & Naan Bread

DESSERT: Fresh Fruit & Yogurt

THURSDAY: Roasted Loin of Pork with
Apple Sauce
Quorn Fillet
Roasted Potatoes
Seasonal Vegetables

DESSERT: Danish Apple Strudel

FRIDAY: Steak & Kidney Pie
Chicken & Mushroom Pie
Cheese & Onion Slice
Chips
Beans or Curry Sauce

DESSERT: Waffles

DINNER: £2.70

DINNER & PUDDING: £3.20

WEEK 4

MONDAY: Lasagne al Forno
Quorn Lasagne
Mixed Garden Salad
Garlic Brad Slices

DESSERT: Fresh Fruit & Yogurt

TUESDAY: Filled Yorkshire Pudding
Sausage
New Potatoes
Carrots & Peas

DESSERT: Fresh Fruit & Yogurt

WEDNESDAY: Pink Salmon Portion
Vegan Fishless Finger
New Potatoes
Peas & Green Beans

DESSERT: Fresh Fruit & Yogurt

THURSDAY: Roasted Turkey Butterfly
Quorn Sausage
Roasted Potatoes
Seasonal Vegetables

DESSERT: Jam Sponge Pudding

FRIDAY: Beef Burger
Vegetable Burger
Chips
Beans or Peas

DESSERT: Waffles

DINNER: £2.70

DINNER & PUDDING: £3.20



Soup

Tomato

Leek & Potato

Red Pepper & Tomato

Chicken

Mushroom

Beef Goulash

Vegetable

Served with a bread roll

£1.50

Available Monday - Thursday