Pate's Grammar School

Year 11 PDC Curriculum 2026-27

Strand	Statements	[✓]
RSE	**Teenage Relationship Abuse** Students will be able to: • You will be able to identify what makes a healthy relationship and the signs that might suggest that the relationship is not. You will be aware of some of the tools and support in place to keep you safe. **Challenging the narrative** Students will be able to: • analyse how misogynistic beliefs and attitudes can cause harm to everyone, including to self-esteem, wellbeing, relationships, and aspirations • explain how these beliefs and attitudes can be spread online and identify factors that can make people more vulnerable to believing harmful narratives • explain why misogynistic beliefs and attitudes are inaccurate • describe how misogyny might be experienced in different contexts, including online, in relationships and in communities • identify when it might be appropriate to challenge misogynistic ideas and beliefs, and demonstrate safe and constructive ways to do so • evaluate strategies to limit the spread of misogynistic narratives and to promote respectful relationships	[ ]
Drugs & alcohol	**Alcohol & Drugs** Students will be able to: • Develop a clear understanding of the dangers caused by the spiking of drinks. • Understand that the abuse of prescription medication can be as devastating on the body and wider community as the impact of the abuse of illegal drugs.	[ ]

Careers education	**Unifrog 2** Students will be able to: • Use Unifrog to research how to find and choose Level 3 qualifications; understand what is meant by 'facilitating subjects'; understand the importance of work experience; know where to find work experience.	[ ]
	Work preparation 1 Students will be able to: • Build on the Year 10 lesson on CV writing to complete an updated CV ready for a 1 to 1 mock interview.	[ ]
	Work preparation 2 Students will be able to: • Build on the Year 10 lesson on CV writing to complete a personal statement ready for a 1 to 1 mock interview.	[ ]
	Work preparation 3 Students will be able to: Understand how to present themselves in the best possible way in an interview, ready for a 1 to 1 mock interview with a representative from a particular career sector.	[ ]

Number of lessons: 8, can be compressed to 7 if necessary